

# January 2015

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list that have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC.

# THE DIRECTOR'S CORNER

I had the opportunity to dialogue with a number of high school students in December. I was very interested to hear how concerned they were about the status of **safety drills** in their schools. A number of them reported teachers who did not take the drills seriously and some even reported staff saying that they will practice the drills as instructed but, "that won't be what we do when a real emergency occurs."

I was very concerned about the **mixed messages** they were receiving from staff. When I explained to them that we have lost no students across the country in emergency situations when they have successfully been in lockdown, they were surprised, relieved and disappointed that no one had ever explained to them why these drills are so important.

I know it was just a small sampling of students and what I heard is not the case in many schools. But I thought the information was worth passing along. I have for instance, observed drills in both **Jefferson County and Adams 12 Five Star School District** and not only were they taken very seriously, but students were given the opportunity to discuss the rationale for the drills afterward and ask questions.

Coincidentally, the National Association of School Psychologists (NASP) along with the National Association of School Resource Officers (NASRO) came out in December with **guidelines for active shooter drills**. I encourage you to read their <u>recommendations</u>.

The theme of our "Staff Picks" this month on the homepage of our <u>website</u> is **Behavioral/Mental Health**. We want to be sure you are all aware of the new **Colorado Crisis Services** rolled out last month from the Department of Human Services. Please check out their new <u>website</u> or their <u>one-pager</u> on the new services.

As we move into 2015, let's hope the discontent of December will result in constructive conversations with young people about **race and social justice**. School professionals and parents looking for local resources are encouraged to access the websites of the Anti-Defamation League, Conflict Center or Facing History and Ourselves.

Finally – The Center is involved with two new grant opportunities:

- The Positive School Climate: Intensive Team Work Grant from the Gay and Lesbian Fund for Colorado of the Gill Foundation through the CSSRC is linked here (Word doc)
- The School Emergency Management Grant RFP has been rolled out by the Colorado Department of Education. Please see the link <u>here</u>.

Wishing everyone a safe, happy and healthy new year! Chris

# **CURRENT EVENTS AND ANNOUNCEMENTS**

# NEW Position Announcement

- Colorado School Safety Resource Center has two openings to join our dynamic team. For more information please <u>follow the link here</u> or call the Center, 303-239-4435.
- Program Assistant II
- School Safety Resource Specialist

# NEW Position Announcement

- Apply by January 9, 2015
- At the Colorado Department of Education
- The Office of Health & Wellness is looking for an implementation evaluator to work with an interagency state team and 3 districts for school-based behavioral health systems building. 5 year grant funded position.
- More information

# National Drug Facts Week

- January 26 February 1, 2015
- Presented by the <u>National Institute on Drug Abuse (NIDA)</u>
- First launched in 2010, National Drug Facts week encourages events that allow teens to ask questions about drug use and addiction substances and have them answered by addiction scientists or health experts. Events can be sponsored by a number of organizations, including schools, community groups, sports clubs and hospitals.
- National Drug Facts Week hopes to dispel myths about drugs that teens often hear on TV, in movies, music, on the Internet or from friends. Topics for discussion can include not only what science tells us about marijuana – that use by teens can negatively impact brain development and impair school and athletic performance – but about what science tells us about use of prescription drugs, tobacco and alcohol.
- <u>Plan</u> and <u>register</u> your event

# NEW Stepping Up for Our Communities Event Logo Design Challenge

- Entries due February 13, 2015
- Presented by the Mental Health First Aid Colorado
- Design a logo that represents mental health in a positive way for the Stepping Up for Our Communities annual event.
- More information
- QUESTIONS? email Emily Haller at ehaller@mhfaco.org or Megan Staudenraus at mstaudenraus@mhfaco.org

# Missing Children's Day Poster Contest

- Submissions due February 20, 2015
- Applicants must be in fifth grade.
- Artwork should reflect the theme "Bring Our Missing Children Home." This phrase must appear somewhere on the poster. The theme may be depicted in the student's artwork through one or a combination of illustrations (e.g., signs and symbols, people, abstract, industry, wildlife).
- For more information, contact Maria Lunn, Colorado Bureau of Investigation, Phone: 303-239-4211, Email: Maria.Lunn@state.co.us
- Flyer
- Letter to Principals with More Information

# **❖** Youth Engaged for School Safety (YES²)

- The CRRSC's youth advisory council, YES<sup>2</sup>, is pleased to announce its social media campaign on Twitter.
- Please follow us <a>@YES2</a> Colorado and encourage your youth to do the same. The council will use this tool to reach out to other students and spread awareness on a number of school safety topics.
- YES<sup>2</sup> launched the Twitter account in October with active school safety messaging, in recognition of Colorado's Safe Schools Month.

# **COLORADO SCHOOL SAFETY RESOURCE CENTER TRAININGS**

# Youth Mental Health First Aid (YMHFA)

- February 17, 2015, 8:00am-5:00pm, Colorado State Patrol Academy, 15055 S. Golden Rd, Golden, CO
- Thursday, April 23, 2015, 8:00am-5:00pm, Colorado State Patrol Academy, 15055 S. Golden Rd, Golden, CO
- The <u>Colorado School Safety Resource Center</u>, in partnership with <u>Mental Health First Aid Colorado</u>, now offers Youth Mental Health First Aid as part of its no-cost trainings for Colorado schools and districts.
- There is no cost for this training, but you must attend the entire day in order to receive a certificate.
- Click here to register for the February 17 event
- If you are having trouble registering, please contact the CSSRC at (303) 239-4435.

# **CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS**

- **❖** To view all online courses, click on the link below.
  - Link to CSSRC online course offerings
  - Larry Borland's School Safety and the Five Preparedness Missions from October 22, 2014
  - Lynn Riemer's New Trends in Youth Substance Abuse: Marijuana 2014 from October 23, 2014
  - <u>School Safety Planning</u> webinar presentation recorded October 1, 2014 by Anna Gisetti for HUB International Insurance Services. This webinar outlines the services that CSSRC can provide to help charter schools improve their safety and **provides an overview of emergency planning for any schools.**
  - Click here to see Livestreams of all previous keynote addresses

# WEBINARS and OTHER ONLINE LEARNING COURSES

#### Webinar Archive: Threat Assessment Strategies for Schools and Higher Education

- Presented by the Office of Juvenile Justice and Delinquency Prevention Online University.
- Recent nationwide school tragedies have highlighted the importance of threat assessment and school safety planning.
- This webinar presents an overview of the threat assessment and management process, discusses policies and procedures related to the investigation of threats, and provides resources for facilitation of threat prevention and intervention.
- The Q&A will be added to the archive in the next few weeks so remember to check back frequently.
- Click here to access the free webinar archive

#### OTHER COLORADO TRAININGS and EVENTS

# **❖ 2015 Winter Colorado Wildland Fire and Incident Management Academy**

- January 10-16, 2015, University of Colorado, 1420 Austin Bluffs Pkwy, Colorado Springs, CO
- Hosted by the Colorado Wildland Fire and Incident Management Academy.
- Various classes will be offered including NIMS All Hazards classes, Skill Specific Courses, and NWCG courses.
- Some classes are eligible for reimbursement through the UASI grant.
- The cost of this training is \$69 per day.
- Click here to register online

# Brain Injury Summit: A Meeting of the Minds

- January 11-14, 2015, Vail Cascade, 1300 Westhaven Drive, Vail, CO
- Hosted by the <u>Brain Injury Alliance of Colorado</u> and <u>Craig Hospital</u>.
- This three-day conference will include presentations from brain injury experts from a variety of disciplines.
- The four main goals of the summit are to examine clinical best practices, interpret current research findings, describe the impact of traumatic brain injury, and enhance communication within the network of traumatic brain injury service providers.
- <u>Click here to register</u> and for <u>more information</u>

# **❖ NEW** Cyber Safety 101

- January 13, 2015, 7:00-8:30 pm, Denver Police District #3, 1625 S University Blvd, Denver, CO
- Hosted by Denver's Office of Emergency Management and Homeland Security, Denver CERT Program and ARES District supporting the City and County of Denver.
- RSVP: <u>www.Denvergov.org\DenverCERT</u> and click on "Registration Form" (please fill in every box even if it is N/A).
- Questions: Carolyn H. Bluhm, Community Preparedness Specialist, <u>DenverCERT@denvergov.org</u>

# NEW Suicide Education and Prevention in Colorado Schools

- January 14, 2015, 9:30-10:45 am, Arapahoe Douglas Mental Health, 155 Inverness Dr., Kiowa Conference Room
- Hosted by the Suicide Prevention Coalition of Colorado (SPCC)
- A panel of presenters with over 50 years of combined experience related to suicide prevention will give an overview of prevention, response, postvention, and contagion for suicidal behavior.
- For more information, email Bill Porter at wwalesporter@gmail.com

# NEW safeTALK Suicide Awareness Training

- January 16, 2015, 9:00 am 12:00 pm, Douglas County Sheriff's Office Highlands Ranch Substation, 9250
   Zotos Drive, Highlands Ranch, CO 80129
- Hosted by the Douglas Arapahoe Suicide Prevention Alliance
- SafeTALK, about three hours in duration, is a training that prepares anyone over the age of 15 to identify
  persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts
  of suicide invite help to stay safe. Alert helpers know how to use these opportunities to support that desire
  for safety.
- To register, visit <a href="http://www.dcsdk12.org">http://www.dcsdk12.org</a> click on "C" for Center for Professional Development. Click on Course Catalog. If you do not have an account created, you will be prompted to do so. Select ASIST and available courses will be listed.
- Questions contact: Roxanne Derks, <u>Roxanne.Derks@dcsdk12.org</u> or 303-387-9508
- Flyer with more information

# NEW Emergency Communications

- January 17, 2015, 1:00-5:00 pm, American Red Cross, 444 Sherman, Denver, CO
- Hosted by Denver's Office of Emergency Management and Homeland Security, Denver CERT Program and ARES District supporting the City and County of Denver.
- Emergency communications is a system of coordinated people who transmitting information during an emergency. Emergency communications includes:
  - o The role of CERT in emergency communications
  - The communication method or mode
  - How the communicators organize themselves
  - o Techniques for effective communication in an emergency
- RSVP: <u>www.Denvergov.org\DenverCERT</u> and click on "Registration Form" (please fill in every box even if it is N/A).
- Questions: Carolyn H. Bluhm, Community Preparedness Specialist, <a href="DenverCERT@denvergov.org">DenverCERT@denvergov.org</a>

# Providers for Youth Partnership (PYP) – Youth Panel

- January 23, 2015, Auraria Campus, Tivoli Building, Metropolitan State University, Denver
- Save the Date for the next PYP event. We will host a youth panel that includes kids who have been involved with DYC, mental health services, probation and gender transition and will hear what services have worked for them and what is lacking.
- To RSVP, contact Deb Martin at Martind@msudenver.edu.

# NEW Family Engagement Trainings

- Jan. 27—Denver Metro
- Jan. 29—Pueblo
- Jan. 30—Lamar
- Feb. 3—Greeley
- Feb. 12—Grand Junction
- Feb. 19—Durango
- Feb. 24—Denver Metro
- Provided by the <u>Colorado Department of Education</u>.
- CDE, in collaboration with SACPIE (State Advisory Council for Parent Involvement in Education) will conduct trainings about promising practices to engage all families as partners in education.
- For More Information, Contact: Darcy Hutchins, Improvement Planning, Phone: <u>303-866-5921</u>,
   Email: hutchins\_d@cde.state.co.us

#### Final Restraint Training on CDE Restraint Rules

- January 27, 2015, 9:00am-12:00pm, Pikes Peak BOCES, 2883 S. Circle Drive, Colorado Springs, CO
- February 3, 2015, 9:00am-12:00pm, Pueblo City Schools Admin Building, 315 W. 11st St, Pueblo, CO
- Provided by the <u>Legal Center for People with Disabilities and Older People</u> in collaboration with the Colorado Department of Education.
- This training will focus on the CDE "Rules for the Administration of The Protection of Persons from Restraint
   <u>Act"</u> with regard to the legal requirements of school districts under these rules. Special education directors,
   principals, assistant principals and CPI trainers are encouraged to attend.
- There is no cost for this training but space is limited.
- To register, please RSVP to Jenn Purrington at jpurrington@thelegalcenter.org

# NEW Denver Community Emergency Response Training (CERT)

- Denver Police District #1, 1311 W. 46<sup>th</sup> Ave., Denver, 80211
- February 5, 2015, 6:00-9:00 pm
- February 7, 2015, 8:00 am 5:30 pm

- February 14, 2015, 8:00 am 5:30 pm
- Class exercise the end of April 2015, 9:00 am 2:00 pm
- You must attend all class sessions and exercise to complete the course.
- Hosted by the Denver's Office of Emergency Management and Homeland Security (OEMHS); Denver Police
  District #1; Denver Fire Department; Denver Amateur Radio Emergency Service (ARES) and the Colorado
  North Central Region
- Registration
- For more information: email DenverCERT@denvergov.org or call 303.725.3084

# Applied Suicide Intervention Skills (ASIST)

- Douglas County Sheriff's Office, 9250 Zotos Drive, Highlands Ranch
- February 5-6, 2015
- April 14-15, 2015
- June 4-5, 2015
- September 29-30, 2015
- November 17-18, 2015
- Hosted by the <u>Douglas Arapahoe Suicide Prevention Alliance</u>
- ASIST is a two-day workshop designed to teach skills to confidently intervene with someone at risk of suicide. ASIST is a standardized suicide intervention program developed by LivingWorks Education, Inc.
- Attendance is mandatory for both full days.
- The cost of this workshop is \$50 for community members and \$25 for DASPA members.
- Click here for more information
- To register, visit <a href="http://www.dcsdk12.org">http://www.dcsdk12.org</a> click on "C" for Center for Professional Development. Click on Course Catalog. If you do not have an account created, you will be prompted to do so. Select ASIST and available courses will be listed.

#### To: Plant Managers, School Safety Directors and Administrators

- February 13, 2015, 8:00 am 12:30 pm, BVSD's Education Center (6500 Arapahoe Road, Boulder Co 80303)
- Boulder Valley School District (BVSD) will be hosting the Colorado Schools Plant Managers' Association
  (CSPMA) meeting. The agenda will be a round-table discussion with subject matter experts on the topic of
  how to satisfy fire safety rules while safeguarding students during a lockdown. We will have Rob Geislinger
  from the Division of Fire Prevention and Control within the Department of Public Safety in addition to a
  police officer, school security director, principal, locksmith and two door hardware representatives discussing
  their various perspectives on the matter.
- It should prove to be a great discussion and any interested parties are invited to come participate. A formal invitation will be sent in January but it will be Friday, 02.13.15 from 0800-1230 hours at BVSD's Education Center (6500 Arapahoe Road, Boulder Co 80303).
- If you have any questions, please contact Chris Wilderman, Director of Operations, Security & Environmental Services, Boulder Valley School District at Chris.wilderman@bvsd.org.

#### NEW Colorado Integrated Emergency Management Conference

- February 24-26, 2015, Hyatt Regency Denver Tech Center, 7800 E Tufts Ave, Denver 80237
- The <u>Colorado Division of Homeland Security and Emergency Management (DHSEM)</u> and the <u>Colorado Emergency Managers Association (CEMA)</u> once again joined forces with public health and medical, fire, law enforcement, local and county government, EMS and private citizens to develop a conference agenda with a theme of "Comprehensive Emergency Management."
- The three-day conference will feature speakers and vendors from across the state on a range of topics from health and medical, emergency management, to emergency medical response, law enforcement and fire.
- More information and registration

# **❖ SAVE THE DATE: 26<sup>th</sup> Colorado Child and Adolescent Mental Health Conference**

- April 13-14, 2015, Hilton Hotel, Fort Collins
- Presented by the Colorado Child and Adolescent Mental Health Coalition.
- Come hear Allison Metz, Monica Fitzgerald and 20 other talented speakers from mental health, schools, judicial systems, and child welfare, as well as young people who will speak of their own experiences in the Colorado mental health system.
- This conference is for those who are committed to improving the care provided to youth with mental health problems.
- Watch for the registration packet in early January, 2015.
- More information

# **❖** Colorado Education Initiative 7<sup>th</sup> Annual Summit and Luncheon

- April 24, 2015 7:30am-3:30pm, Sheraton Denver Downtown, 1550 Court Place, Denver, CO
- Presented by the <u>Colorado Education Initiative</u>.
- This summit will feature keynote speakers Dr. Mae Jemison, the first African-American woman NASA
  astronaut and Paul Tough, author of How Children Success: Grit, Curiosity, and the Hidden Power of
  Character.
- Conference attendees will choose from sixteen engaging sessions featuring local and national experts who
  will share best practices, tips, and tools that incubate innovation, shine a spotlight on success, and invest in
  sustainable change that improves outcomes for students.
- More information
- Contact khall@coloradoedinitiative.org

# NEW 9<sup>th</sup> Annual Bridging the Divide: Suicide Awareness and Prevention Summit

- May 14-15, 2015, Regis University Lowell Campus (3333 Regis Blvd., Denver)
- Presented by the <u>Suicide Prevention Coalition of Colorado (SPCC)</u>
- Suicide attempt survivors and people with lived experience with suicidal intensity will join people bereaved
  by suicide, suicide prevention advocates, mental health service providers, and suicide prevention researchers
  to pool the many forms of knowledge that shape our efforts to stem the high rates of suicide in the Rocky
  Mountain States. The regional conference will explore ways to prevent suicide by incorporating the expertise
  of people who have been there.
- Learn more here

# **NATIONAL TRAININGS and EVENTS**

#### 2015 National Mentoring Summit

- January 28-30, 2015, Washington D.C.
- Presented by MENTOR: The National Mentoring Partnership.
- Registration is now open for the <u>2015 National Mentoring Summit</u>. The theme for 2015 will be "Expanding the Mentoring Effect."
- Workshop sessions will focus on how mentoring can support youth in reaching positive outcomes.
- This event is intended for mentoring practitioners, researchers, corporate partners, government and civic leaders, youth-serving organizations, and MENTOR's network of affiliate Mentoring Partnerships.
- View workshop offerings
- Click here to register

# **❖ NEW** 2015 CADCA's National Leadership Forum & SAMHSA's 11<sup>th</sup> Prevention Day

- February 2-5, 2015, Gaylord National Hotel & Convention Center, National Harbor, MD
- Presented by the Community Anti-Drug Coalitions of America.
- This conference is for community-based substance abuse prevention professionals, coalition leaders and prevention and addiction researchers.
- The forum is a four-day event packed with opportunities to learn the latest strategies to fight substance abuse and hear from nationally-known prevention experts, federal administrators and concerned policymakers.
- Early bird registration is until December 19, 2014-cost is \$585 for members and \$795 for non-members.
- Conference details and information
- Click here to register online

# **CURRENT GRANT OPPORTUNITIES**

#### School CPR and Automated External Defibrillator Training Grant

- Applications due January 14, 2015
- Provided by the Colorado Department of Education (CDE)
- Training high school students on the effective implementation of cardiopulmonary resuscitation (CPR) and
  the use of defibrillators is an effective way to increase the number of Coloradans capable of performing CPR
  and using an automated external defibrillator (AED) to save lives. Additionally, requiring high school athletics
  coaching staff to obtain instruction in the effective implementation of CPR and use of an AED is an effective
  way to reduce risk to student athletes and to increase the number of adults in public schools who are able to
  apply and use these life-saving measures.
- More information and application

#### **❖ NEW Positive School Climate: Intensive Team Work Grant**

- Applications due February 6, 2015
- Provided by the Colorado School Safety Resource Center (CSSRC)
- The intent of this funding is to further the work of school teams in evaluating and enhancing the school's
- Awards will be made to no more than 12 schools in the amount of \$4,000 each
- Any public, charter or private schools are eligible to apply
- Grant period Fifteen months from March 1, 2015 until May 31, 2016
- Teams will receive technical assistance from the CSSRC, the Anti-Defamation League and the Colorado
  Education Initiative to map their resources, analyze their data and utilize evidenced-based strategies or
  programs to enhance their school's climate.
- Funds may be used to reimburse schools for stipends, substitutes and/or evidenced-based programs
- For more information access the RFP (modifiable Word doc)

# NEW School Emergency Management: Contract Opportunity for Regional Training Coordination

- Applications due February 10, 2015
- Provided by the Colorado Department of Education (CDE)
- Contract opportunity with CDE for LEA's (BOCES, Districts or others) to work with the Colorado School Safety Resource Center to host two series of three trainings for district teams on high-quality emergency operations' plans.

- Funds are available to facilitate trainings as well as reimburse districts for stipends, substitutes, mileage and reasonable costs to host the trainings.
- Awards will be made to no more than 7 LEAs for up to \$54,000 each
- Grant period Thirteen months from March 1, 2015 until March 31, 2016
- Informational webinars on applying:
  - January 13, 2015 from 3:30 to 4:15
  - o Repeated on January 15, 2015 from 3:00 to 3:45
  - Click here for link to webinar
  - SEM Technical Assistance 2015 RFP (pdf)
  - o SEM Cover Sheet and Assurance Document (word document)
  - SEM Project Budget

# Solicitation for Coordinated Tribal Assistance Programs (CTAS)

- Applications due February 24, 2015 7:00pm MST.
- Provided by the <u>U.S. Department of Justice</u> and the <u>Office of Juvenile Justice and Delinquency Prevention</u> (OJJDP).
- The funding can be used to enhance law enforcement, bolster adult and juvenile justice systems, prevent and control juvenile delinquency, serve sexual assault, domestic violence and elder victims, and support other efforts to combat crime.
- Click to view the CTAS solicitation

# Capital Construction Building Excellent Schools Today (BEST) Grant

- Expected release January 5, 2015.
- Provided by the Colorado Department of Education.
- The BEST Grant is a competitive grant focused on helping public schools with a multitude of capital construction needs. The goal of the BEST program is to provide first class, high performing, 21st century facilities and to help alleviate health and safety concerns.
- Projects are considered in the following order:
  - 1. Projects addressing health and safety issues
  - 2. Projects to relieve overcrowding
  - 3. Projects addressing technology
  - 4. All other capital needs projects
- More information

#### Drug-Free Community Support Program Grant

- Expected release in January 2015.
- Provided by the Office of National Drug Control Policy.
- The Drug-Free Communities Support Program grants, which total \$84 million, provides local communities funding to prevent youth substance use and supports the Administration's Drug Control Strategy, which treats our Nation's drug problem through a balanced public health and safety approach.
- Click here for grant announcement

# **RESOURCES and INFORMATION**

#### **Prevention Resources**

- **❖ NEW** Guidance Letter Regarding Tobacco Free Schools
  - Provided by the Colorado Department of Public Health and Environment.

- The Tobacco Free Schools statute was amended in 2013 by <u>Senate Bill 13-283</u> to require school districts to prohibit retail marijuana use on school property.
- Read the letter
- Access tools and resources to support the implementation of the updated Tobacco Free Schools statute from RMC Health.

# Preparing for Health Emergencies

- Provided by the Colorado Department of Public Health and Environment.
- These resources offer guidance for the care and prevention of various communicable diseases.
- CDPHE Controlling the Spread of Enterovirus D68 in School Settings
- CDPHE Infectious Disease Guidelines for Schools and Child Care Settings
- NEW CDPHE Influenza Information and Guidelines for Schools and Child Care Facilities, December 11, 2014
  - Over the past few weeks, influenza activity has increased across Colorado. From the beginning of this influenza season (which started on Sept. 28) through Friday, Dec. 6, there have been 248 influenza-associated hospitalizations reported in 23 counties and 24 outbreaks in long term care facilities.
  - The Colorado Department of Public Health and Environment does not conduct surveillance in schools and child care settings for influenza or respiratory illness, but has heard anecdotal reports of increased respiratory illness in these settings. Contact your local public health agency before making a closure decision. They will assist schools in determining if a closure is appropriate and provide necessary resources such as parent letters. They will also determine if further investigations are necessary.
- CDPHE Pertussis Information for Schools and Child Care (Whooping Cough)
- CDPHE Summary of Guidance for Schools and Child Care Settings regarding Ebola
- Campus Safety Magazine, How to Plan for Campus Health Emergencies
- First responders and dispatchers can use this <u>CDC link</u> for Ebola guidance and talking points.

#### NEW SPARK Talks

- Provided by the <u>Suicide Prevention Resource Center (SPRC)</u>
- SPARK Talks are Short, Provocative, Action-oriented, Realistic, and Knowledgeable videos of leaders in the suicide prevention movement. Each of these innovators describes a new development or direction in the field that can have an impact on suicide and issues a call to action.
- Access the videos

#### **❖ NEW** Teen Dating Violence: How Peers Can Affect Risk and Protective Factors

- Published by the National Institute of Justice (NIJ) in November 2014.
- Approximately 9% of high school students report being physically hurt on purpose by their boyfriend or
  girlfriend in the past year. Despite this, many teens do not seek help after violence has occurred, and those
  who do most frequently turn to a friend. Research shows that teens shape each other's experiences of what
  is considered normal and acceptable in romantic relationships. Depending on the context, peers can
  contribute to the risk of dating violence or protect against it.
- This research brief explores the latest research on teen dating relationships to uncover how peers can encourage or hinder help-seeking behavior after violence.
- Read the brief

#### Mitigation Resources

- NEW Child Abuse and Neglect Hotline
  - 1-844-CO-4-KIDS

- The <u>Colorado Department of Human Services (CDHS)</u> launched a new statewide child abuse and neglect hotline on Jan. 1. Governor Hickenlooper's Child Welfare Plan "Keeping Kids Safe and Families Healthy" called for the creation of the hotline to promote greater safety for Colorado's children.
- Designed to provide one, easy-to-remember phone number for individuals to use statewide to report suspected child abuse and neglect, the hotline serves as a direct, immediate and efficient route to Colorado's 64 counties and two tribal nations, which are responsible for accepting and responding to child abuse and neglect inquiries and reports. All callers will be able to speak with a call-taker 24 hours a day, 365 days a year.
- More information

# NEW Questions and Answers on Title IX and Single-Sex Elementary and Secondary Classes and Extracurricular Activities

- Published by the U.S. Department of Education in December 2014.
- These guidelines today instruct public schools to treat transgender students consistent with their identity in single-sex classes. In practical terms, the guidelines mean a student who identifies as a transgender boy should be allowed entry to a boys-only class; vice versa for transgender girls in classes designed to focus on female students.
- Issued by the Department's Office of Civil Rights, the guidelines are the latest interpretation of Title IX, which bans publicly funded schools from gender-based discrimination.
- Read the Guidelines

#### **Protection Resources**

- NEW Best Practice Considerations for Schools in Active Shooter and Other Armed Assailant Drills: Guidance From the National Association of School Psychologists and the National Association of School Resource Officers
  - Released by the National Association of School Psychologists and the National Association of School Resource Officers in December 2014.
  - School psychologists and school resource officers serve as important members of school crisis teams. Both
    associations are committed to creating safe and successful schools and fostering local capacity for effective
    crisis response. The new guidance addresses the factors that schools should take into account when
    considering and conducting these types of drills and how these drills might fit into a larger comprehensive
    approach to school safety and crisis response.
  - Read the Guidance

#### Response & Recovery Resources

#### NEW Colorado Crisis Support Services

- Provided by the Colorado Department of Human Services (DHS)
- This new service was created by Senate Bill 13-266, Integrate Community Wide Crisis Response System
- This initiative will create a foundation for the development of a comprehensive statewide behavioral health crisis care system for individuals, families, and communities.
  - It will improve access to the most appropriate resources and services as early as possible;
  - decrease the number of unnecessary involuntary civil commitments, utilization of hospital emergency departments, jails, prisons, and homeless programs for individuals experiencing a behavioral health emergency; and
  - o promote recovery for the individual.
- Statewide 24-Hour crisis + support line Lines staffed by skilled professionals and peers to assess and make appropriate referrals to resources and treatment. 1.844.493.8255 (TALK)

- Walk-in crisis services / crisis stabilization unit(s) 24 hour Urgent care services with capacity for immediate clinical intervention, triage, stabilization, and connection to services.
- **Mobile crisis services** 24 hour Mobile crisis units with the ability to respond within one-hour in urban and two-hours in rural areas to a behavioral health crisis in the community for immediate clinical intervention, triage, stabilization, and connection to services.
- **Crisis Respite/Residential** A range of short-term crisis residential services (e.g., supervised apartments/houses, foster homes, and crisis stabilization services).
- Statewide awareness campaign and communication multi-media campaign/branding and communication to increase awareness of behavioral health illness and resources.
- Access the website

# Remembering and Responding to Community Tragedy

- Provided by the <u>Arapahoe/Douglas Mental Health Network</u>.
- The anniversary of the tragedy at Arapahoe High School has recently passed. After the anniversary of December 13, 2013, Laurie Elliott, Child and Family Services Division Director, offers some advice on what behaviors to be aware of and ways you can be supportive when someone is struggling.
- Read the full article
- Link to useful resources and tips

#### Stories from the Field

# **NEW** Highlighted School Safety Story

#### Campus Safety Officer Saves Student's Life

- Article courtesy of 9News.
- This article highlights a Denver campus safety officer who performed the Heimlich maneuver on a choking student and saved their life.
- Read the article
- We would love to hear your school safety stories. Call or email CSSRC at 303-239-4435 or <u>CDPS School Safety Center@state.co.us</u>.

# **NEW** Youth Engaged in School Safety (YES2) Article

- The Youth Engaged in School Safety or YES<sup>2</sup> is a youth council that meets bimonthly to assist the CSSRC, and our mission is to promote and enhance school safety, positive school climate, and student performance and perspective through the youth voice.
- Last year, our first year, we decided to do a survey at each of our five schools regarding which safety topics the students found most relevant. We tabulated the data and presented it to the CSSRC Advisory Board. The top three areas students identified were: bullying, mental/behavioral health, and suicide.
- This school year we started a Twitter page to better brand ourselves, and we are working on individual projects for our schools, which we will present to the Advisory Board in April. We hope that our projects might be replicated in other schools.
- Please stay tuned to hear more about what we are doing to support school safety in our schools, and please check us out on Twitter (@YES2 Colorado).
- Submitted by: Sierra Fisher, 12th Grade, CEC Middle College of Denver

# Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<a href="www.Colorado.gov/SchoolSafetyResourceCenter">www.Colorado.gov/SchoolSafetyResourceCenter</a> or <a href="www.Colorado.gov/CSSRC">www.Colorado.gov/CSSRC</a>) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



# Thank you for supporting safe and positive schools in Colorado!

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# Supporting Safe and Positive Colorado Schools